

FACULTY SPEAKER SERIES – DR. ANGELA MOUSSEAU


(October 20, 2022)

Dan Speidel
Director, The Regina Library, Rivier University

FACULTY SPEAKER SERIES
Presented by Regina Library
Sponsored by the Rivier University Alumni Association

Dr. Angela Mousseau


You're invited to hear a talk by Rivier professor Dr. Angela Mousseau on:
Understanding and Cultivating Well-Being



3 p.m.
Thursday,
Oct. 20

Regina Library
Upstairs event space

Dr. Mousseau will discuss well-being from a positive psychology lens, including simple strategies individuals can employ to cultivate well-being in self and others.


Rivier UNIVERSITY
Regina Library

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