

TODAY I FEEL PRESSURE

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**I feel pressure
to consume dairy before expiration**

**I feel pressure
to read today's newspaper**

**I feel pressure
to exercise**

**I feel pressure
to conform**

**I feel pressure
to return phone calls**

**I feel pressure
to keep appointments**

**I feel pressure
to meet deadlines**

**Today I feel pressure
because tomorrow
today will be yesterday.**

* **PETER ELIOPOULOS** received his Bachelor of Arts degree, in Political Science and Philosophy, from Boston College. He is currently enrolled in the Writing and Literature M. A. Program at Rivier College. His works have been published in *Remodeling News*, *Typically Unusual*, and *The Lowell Sun* newspaper. His writing has also been featured on Jay Leno's Tonight Show. He lives in Lowell, Mass., with his daughters Julia and Mia.