

## **EMPLOYEE-CENTERED WELLNESS PROGRAMS EARN RIVIER A HEALTH INNOVATOR AWARD**

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**R**ivier University was recognized for its work in developing employee-centered wellness programs and initiatives when it was named a recipient of New Hampshire Business Review (NHBR) and Harvard Pilgrim Health Care (HPHC) of New England's Health Innovator Award.

Through the Office of Human Resources, Rivier has focused strongly on the physical dimension of wellness, offering flu shot clinics, healthy cooking classes, and free biometrics screenings provided by nursing faculty and students for employees and Sisters of the Presentation of Mary who are part of the Rivier community.

“The companies that have been part of this award—and Rivier University is in a very elite group of companies around New Hampshire to receive it—are really paving the way and getting engagement with wellness programs, which is hard to do,” said Sharron McCarthy, president and publisher of McLean Communications, Inc., which publishes NHBR.

“As Rivier prepares its students to serve the world, this award energizes our department as we focus internally to serve our employees,” said Director of Human Resources Diana Strano. “Our work is very meaningful to us, and the external recognition affirms that we are focused on the right initiatives at the right time.” ■